

## Pre-Operative Instructions

You will be informed by your physician and/or pre-op call regarding any restrictions for eating and drinking prior to procedure.

Patients having GI procedures (i.e.: colonoscopy, gastroscopy, flexible sigmoidoscopy) should follow the dietary restrictions and preparation instructions given to them by their physician's office.

Other instructions may apply to you and the nurse will give you specific instructions during your pre-op phone call.

If you need pre-admission testing (Lab tests, EKG, etc), please get this done as soon as possible before your surgery.

If you have ANY kind of sedation, you will not be allowed to drive for 24 hours after surgery.

You **MUST** make arrangements for a responsible adult companion 18 years or older to take you home from the Center after surgery.

Don't bring any valuables or jewelry to the center.

If you wear contacts or glasses, please bring a case for them.

Bring your insurance card(s) and photo ID.

If necessary, please bring a Durable Power of Attorney for Health Care.

Please don't wear any makeup if you're having surgery anywhere on your face. If you're having surgery on your hand or foot, please don't wear nail polish on the operative hand or foot.

Clothing: Please wear loose, comfortable clothing that will fit over whatever type of dressing you will have. Eye patients and patients having hand/arm surgery should wear button down shirts. You will be asked to store your clothing in a bag during surgery, so keep that in mind as well.

Your physician requires your responsible companion to stay inside the building during your procedure.