



475 E. Diehl Rd | Naperville, IL 60563

phone **630.505.7733**

fax **630.505.0656**

Pre-Operative Instructions

Please do not eat or drink ANYTHING (including water, gum or hard candy) after midnight the day before your surgery.

Patients having GI procedures (i.e.: colonoscopy, gastroscopy, flexible sigmoidoscopy) should follow the dietary restrictions and preparation instructions given to them by their physician's office.

Other instructions may apply to you and the nurse will give you specific instructions during your pre-op phone call.

If you need pre-admission testing (Lab tests, EKG, etc), please get this done as soon as possible before your surgery.

If you have ANY kind of sedation, you will not be allowed to drive for 24 hours after surgery. You MUST make arrangements for a responsible adult companion 18 years or older to take you home from the Center after surgery and stay with you for 24 hours.

Don't bring any valuables or jewelry to the center.

If you wear contacts or glasses, please bring a case for them.

Bring your insurance card(s) and photo ID.

If necessary, please bring a Durable Power of Attorney for Health Care.

Please don't wear any makeup if you're having surgery anywhere on your face. If you're having surgery on your hand or foot, please don't wear nail polish on the operative hand or foot.

Clothing: Please wear loose, comfortable clothing that will fit over whatever type of dressing you will have. Eye patients and patients having hand/arm surgery should wear button down shirts. You will be asked to store your clothing in a bag during surgery, so keep that in mind as well.

Your physician requires your responsible companion to stay inside the building during your procedure.

Medications:

- You may take your morning dose of any heart or blood pressure medicines you take except water pills (diuretics).
- If you are taking Coumadin or Aspirin or any other type of blood thinner, please check with your surgeon and/or primary doctor about discontinuing these prior to the surgery.
- If you take insulin, please contact your primary doctor for instructions.
- If you use an inhaler, please bring it with you.
- Weight loss medications should be discontinued two weeks prior to your surgery for all anesthesia related cases.

The Nurse from The Center for Surgery will call you a few days before your surgery to let you know the time to arrive for surgery and to answer any questions you may have. Please be aware your surgery time may be subject to change. You will be notified prior to your procedure. If you have questions prior to that, please don't hesitate to call us. If you have received a Health History questionnaire, please fill it out and return it to your doctor's office or the Center as soon as possible.

Pre-Op Phone: (630) 505-3240

Fax: (630) 505-0655